BREAKFAST

OCTOBER 2024

Lil' Tiger's Playhouse

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast:	2	Breakfast:	A
	Bacon & Eggs	Cinnamon Toast / Fruit / Milk	Breakfast Toast Pizza /Fruit / Milk	Pumpkin Pie Twists
	Snack:	<u>Snack:</u>	Snack:	Snack:
	PB Cracker Spiders	Ham, Apple & Cheese Wraps	Ghost Graham Crackers & Juice	Peanut Butter Protein Balls
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Muffins / Milk	Jack-O-Lantern Pancakes / Fruit/ Milk	Breakfast Mummy / Fruit/ Milk	Eggs / Toast / Milk	Candy Corn Waffles / Fruit /Milk
Snack:	Snack:	Snack:	Snack:	Snack:
Nutella & Rice Cakes / Apple Juice	Raisin Cinnamon Tortilla Sushi	Apple Pie Snack Cups	Banana Oatmeal Bites	Pumpkin Bread & Yogurt
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal / Fruit/ Milk	Pumpkin French Toast / Fruit/ Milk	Cinnamon Toast / Fruit / Milk	Breakfast Pizza /Fruit / Milk	Spider Web Pancakes / Fruit/ Milk
Snack:	Snack:	Snack:	Snack:	Snack:
Ants on a log & Graham Crackers	Ghost Cheese / Pepperoni Slices	Ham, Apple & Cheese Wraps	Vampire Teeth Apples	Peanut Butter Protein Balls & Juice
21 Eggs / Toast / Milk Snack: Nutella & Rice Cakes / Apple Juice	222 Jack-O-Lantern Pancakes / Fruit/ Milk Snack: Raisin Cinnamon Tortilla Sushi	23 Breakfast: Breakfast Mummy / Fruit/ Milk Snack: Apple Pie Snack Cups	Breakfast: Pumpkin Pie Twists Snack: Ghost Graham Crackers / Apple Juice	25 Candy Corn Waffles / Fruit /Milk Snack: Pumpkin Bread & Yogurt
Breakfast:	29	Breakfast:	Breakfast:	
Cereal / Fruit/ Milk	Pumpkin French Toast / Fruit/ Milk	Cinnamon Toast / Fruit / Milk	Jack-O-Lantern Pancakes / Fruit/ Milk	
Snack:	Snack:	Snack:	Snack:	
Ants on a log & Graham Crackers	PB Cracker Spiders	Vampire Teeth Apples	Halloween Cookie Bars	